

Helping Hands For Life Leadership™

“Going Deep into Motivation”



‘Going Deep’ takes parts of the communication programme, ‘To Make a Difference You Have to Be The Difference’, and goes in deeper, placing emphasis upon motivation and using the metaphor of building a personal toolbox to equip any individual or group to lead a more productive and successful life.

Key Themes

- 1. Understand Your Motivation and What does it mean?**
By defining motivation – the Will to Act, you will recognise your needs and those of others. You will understand the importance of self-motivation, learn to read behaviour, understand the importance of perception and authenticity.
- 2. Building up Motivation and Your Potential to Influence**
Assessing your attitude, who are you and what do you want? Are you driven by the clock and the demon Time, or by the compass and know and understand your direction?
- 3. Getting the Best from People – Communicate Your Confidence**
Understanding relationship accounts – we make deposits and we make withdrawals. Keeping those accounts in deposit and know the balance, builds trust, which ultimately builds inner confidence.
- 4. Rewarding Achievement**
Do you reward achievement and how is it given to you?
- 5. Self-Appraisal Tests and Group Appraisal**
How to maintain motivation and what can hold you back. Reassessing life focus and the tools in your toolbox.