

## Helping Hands For Life Leadership™

*“To make a difference ,you have to be the difference”*



*'How to create a positive impact, be inspirational and deliver excellence with confidence and credibility.'*

Personal Impact is about you stepping forward, communicating confidently, contributing fully – leading the way to make a difference to be the difference by understanding value, success and authenticity.

### Key Themes

- 1. Discover the Importance of Presence:**  
How do you present yourself? How do you come across to others? Do you know yourself? What is your goal, your purpose, your vision? Is your life balanced?
- 2. Unlock your potential to Influence:**  
Learn how to inspire, to motivate and to lead people. What works, what doesn't.
- 3. Communicate your Confidence**  
Remove your inner blocks to success. Find your own personal style and learn how to use it effectively. Aimlessness and achiever fever. Circles of control and non-control.
- 4. Be a Confident Communicator**  
Communication – verbal and non-verbal skills and using your body language to create a greater impact. Presentation skills.
- 5. Effectiveness and Empathy**  
Rapport and Relationships, Connection and Influence. They Synergy Equation – win win. Your vision statement.

